



**STEPHEN THON, MD**  
ORTHOPEDIC & SPORTS MEDICINE SURGEON

Practice History

**Orthopedic Sports Medicine Surgeon**

08/2020-present

Denver Metro Orthopedics, PC

303-789-3000

499 E. Hampden Avenue, Suite 140

Englewood, CO 80113

Education and Post-Graduate Training

**Sports Medicine Fellowship**

08/2019-07/2020

University of Colorado Sports Medicine, Denver, CO

Fellowship Director – Eric C. McCarty, MD

**Orthopaedic Residency**

07/2014-06/2019

Tulane University Orthopaedic Surgery, New Orleans, LA

Chairman – Felix H. Savoie III, MD

**Medical School**

08/2010-05/2014

Tulane University School of Medicine, New Orleans, LA

Doctor of Medicine (M.D)

**Undergraduate**

08/2005-05/2010

University of Colorado, Boulder, CO

Biochemistry (B.A.), Integrative Physiology (B.A.), Chemistry (minor)

Board Certification

American Board of Orthopedic Surgeons (ABOS) – Board Eligible

- ABOS Part I: July 11, 2019 – PASSED
- ABOS Part II: Board Eligible Until 2024

Active Medical Licensures

Colorado State Medical License

active (DR.0062553)

- Issued: 2019; Valid through: 2021

DEA License

active

- Issued: 2020; Valid through: 2022

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Honors and Awards

- **Tulane Orthopedics Class Case Log Award, 2019** – Recognition to the resident who participated in and performed the most cases throughout entirety of residency. Awarded for 2018-2019 resident class year.
- **Alpha Omega Alpha, 2019** – Nominated as resident member to National Medical Honor society 2019. New Orleans, LA.
- **Herodicus Award, 2018** – American Orthopaedic Society for Sports Medicine (AOSSM) Annual Meeting 2018. July 5-8, 2018. San Diego, CA. Awarded Best Paper by the Herodicus Society for *“Evaluation of Healing Rates and Safety using a Bio-inductive Collagen Patch for Large and Massive Rotator Cuff Tears: Two year Safety and Clinical Outcomes”*
- **Tulane Orthopaedic Research Award, 2018** – Recognition for Excellence in Orthopaedic Research. Awarded June 15, 2018
- **Tulane Fourth Year Orthopedics Case Log Award, 2018** – Recognition to the resident who participated in and performed the most cases in a single year of residency. Awarded for 2017-2018 resident year.
- **Top Resident Paper, 2018** – Louisiana Orthopaedic Association (LOA) Annual Meeting 2018. February 2-3, 2018. Awarded Best Resident Paper for *“Evaluation of Healing Rates and Safety using a Bio-inductive Collagen Patch for Large and Massive Rotator Cuff Tears: Two year Safety and Clinical Outcomes”*
- **Tulane Third Year Orthopedics Case Log Award, 2017** – Recognition to the resident who participated in and performed the most cases in a single year of residency. Awarded for 2016-2017 resident year.
- **AANA Resident Scholarship, 2017** – Scholarship awarded by Arthroscopy Association of North America (AANA) to attend 2017 Annual Meeting; Denver, CO; May 17-21, 2017
- **Tulane Orthopedics Case Log Award, 2016** – Recognition to the resident who participated in and performed the most cases in a single year of residency. Awarded for 2015-2016 resident year.
- **Caldwell Award, 2014** – Recognition of outstanding performance in clinical orthopaedics, Tulane University School of Medicine, 2014

Team Coverage Experience

Hockey: Colorado Avalanche, Professional Hockey	2019-2020
Football: University of Colorado Football, Division I College Football	2019-2020
Hockey: University of Denver, Division I Hockey	2019-2020
Basketball: University of Colorado, Division I Men’s Basketball	2019-2020
Football: Centaurus High School, High School Football	2019-2020
Football: New Orleans Area High Schools, High School Football	2014-2019
Volleyball: Louisiana High School Volleyball State Championships	2015
Football: Tulane University Football, Division I College Football	2015-2019
Football: Louisiana High School Football State Championships	2014-2019
Football: Joseph S. Clark High School, High School Football	2014-2016

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Professional Society Memberships

AOA (Alpha Omega Alpha Honor Medical Society)	2019-present
AOSSM (American Orthopaedic Society for Sports Medicine)	2019-present
COS (Clinical Orthopaedic Society)	2016-present
SOA (Southern Orthopaedic Association)	2016-present
AANA (Arthroscopic Association of America)	2016-present
LOA (Louisiana Orthopaedic Association)	2014-present
AAOS (American Academy of Orthopaedic Surgeons)	2014-present
AMA (American Medical Association)	2013-present

Leadership/Administrative Service

Tulane Orthopaedics Chief Resident	2018-2019
Tulane OR Resident Sub-committee	2018-2019
University Medical Center Quality Improvement Council	2017-2019
Resident Education Committee	2016-2019
Resident Clerkship Director	2015-2019
Resident Call Schedule Coordinator	2015-2019

Peer-Reviewed Publications

1. Belk JW, **Thon SG**, Smith JH, McCarty EC. Meniscal Repair with PRP augmentation: A Systematic Review. *Orthopaedic Journal of Sports Medicine*. Pre-print.
2. **Thon SG**, Branche K, Houck DA, Diding T, Vidal AF, Frank RM, Bravman JT. Effectiveness of Latarjet for Anterior Shoulder Instability in Patients with Seizure Disorder. *Journal of Shoulder and Elbow Surgery International*. 2020. Pre-print
3. **Thon SG**, Belk JW, Bravman JT, McCarty EC, Savoie FH 3rd. Regenerated bio-inductive collagen scaffold for rotator cuff tears: indications, technique, clinical outcomes, and review of current literature. *Annals of Joint*. 2020. <http://aoj.amegroups.com/article/view/5816/pdf>  
DOI: 10.21037/aoj.2020.03.04
4. Jones SD, **Thon SG**, Frank RM. Shoulder and elbow education during COVID19-perspectives from the resident, fellow, and attending level. *Journal of Shoulder and Elbow Surgery*. 2020;  
PMID: 32446761
5. Bohlen HL, Schwartz ZE, Wu VJ, **Thon SG**, et al. Platelet-Rich Plasma Is an Equal Alternative to Surgery in the Treatment of Type 1 Medial Epicondylitis. *Orthopaedic Journal of Sports Medicine*. 2020;8(3):2325967120908952.  
PMID: 32232070
6. **Thon SG**, Seidl AJ, Bravman JT, McCarty EC, Savoie FH, Frank RM. Advances and Update on Reverse Total Shoulder Arthroplasty. *Current Reviews Musculoskeletal Medicine*. 2020;  
PMID: 31884675
7. Wu VJ, **Thon SG**, Finley Z, et al. Double-Row Repair for Recalcitrant Medial Epicondylitis. *Orthopedic Journal of Sports Medicine*. 2019;7(12):2325967119885608.  
PMID: 31903395

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Peer-Reviewed Publications (cont.)

8. **Thon SG**, O'Malley L, O'Brien MJ, Savoie FH. Evaluation of Healing Rates and Safety With a Bioinductive Collagen Patch for Large and Massive Rotator Cuff Tears: 2-Year Safety and Clinical Outcomes. *American Journal of Sports Medicine*. 2019;363546519850795.  
PMID: 31150274  
**\*Herodicus Award, LOA Top Resident Paper Award\***
9. **Thon SG**, Savoie FH. Rotator Cuff Repair: Patch the Shoulder. *Arthroscopy*. 2019;35(4):1014-1015.  
PMID: 30954094
10. Bohlen HL, Gargiulo DJ, **Thon SG**. Occlusion Outside the Norm: A Unique Case of the Pulseless, Well-Perfused Hand Following Closed Humeral Shaft Fracture. *Orthopedics*. 2019;42(2):e279-e281.  
PMID: 30540878
11. Bohlen HL, **Thon SG**, Savoie FH. "Management of the Painful Throwing Shoulder." *International Congress for Joint Reconstruction-Online*. 2018; Sept.  
<http://www.icjr.net/articles/management-of-the-painful-throwing-shoulder>
12. **Thon SG**, O'Brien MJ, Rush L, Gold P, Savoie FH. Proximal anterolateral portals in elbow arthroscopy are safer for use relative to the radial nerve: A systematic review. *Journal of ISAKOS: Joint Disorders & Orthopaedic Sports Medicine*. 2018;3(6), 352-356.  
DOI: 10.1136/jisakos-2018-000205
13. **Thon SG**, Gold P, Rush L, O'Brien MJ, Savoie FH. Modified Anterolateral Portals in Elbow Arthroscopy: A Cadaveric Study on Safety. *Arthroscopy*. 2017;33(11):1981-1985.  
PMID: 28822638
14. Faust KC, **Thon SG**, Wild E, Yousuf AA, Brashear M. "Transcutaneous Oxygen Reading as a Predictive Factor of Wound Complications." *Joint Implant Surgery & Research Foundation Reconstructive Review*. Vol 4, Supp 2, Oct 2014. 21

Book Chapters

1. **Thon, Stephen G**: Williams, Garrett H; Savoie III, Felix H. "Debridement and Releases to Set Up for Revision Success". *The Failed Rotator Cuff: Repair, Revision, Augments, Replacement: ISAKOS consensus book*. Savoie FH, Calvo E, Mazzocca AD. Berlin: Springer, 2021. Pre-print.
2. Williams, Garrett H; **Thon, Stephen G**; Savoie III, Felix H. "Repair and Augmentation: Overview". *The Failed Rotator Cuff: Repair, Revision, Augments, Replacement: ISAKOS consensus book*. Savoie FH, Calvo E, Mazzocca AD. Berlin: Springer, 2021. Pre-print.
3. Belk, John W; McCarty Jr, Eric C.; **Thon, Stephen G**; McCarty, Eric C. "Repair and Augmentation: Overview". *The Failed Rotator Cuff: Repair, Revision, Augments, Replacement: ISAKOS consensus book*. Savoie FH, Calvo E, Mazzocca AD. Berlin: Springer, 2021. Pre-print.
4. **Thon, Stephen G**; Frank, Rachel. "Complete Distal Biceps Ruptures". *The Management of Biceps Pathology: A Clinical Guide from the Shoulder to the Elbow*. 1<sup>st</sup> Edition. Romeo AA, Erickson B, Griffin J. Berlin: Springer, 2021. Pre-print.

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Book Chapters (cont.)

5. **Thon, Stephen G**; Mulcahey, Mary K; Savoie, Felix H. "THE ELBOW". *Making the Diagnosis in Orthopaedics: A Multimedia Guide*. 1<sup>st</sup> Edition. Miller MD, Dempsey IJ. Philadelphia: Wolters Kluwer, February 2019. Print.
6. **Thon, Stephen G**; O'Brien, Michael J; Savoie, Felix H. "Arthroscopic HAGL and RHAGL Repair". *An Atlas of Advanced Shoulder Arthroscopy*. 2<sup>nd</sup> Edition. Imhoff AB, Ticker JB, Mazzocca A, Voss A. Boca Raton: CRC Press, December 2017. Print.

Other Brief Communications

1. **Thon SG**. "Does dynamic ultrasound help surgeons assess postoperative rotator cuff healing better than other imaging modalities? Point/Counter Point". *OrthopedicsToday* – August. Published 8/1/2018.
2. **Thon SG**, Rodriguez RJ, Raymond RR. "Too Many Toes Sign". *Clinical Orthopaedic Society: Monthly Diagnostic Tip* – September. Published online. 9/9/2015.

Abstract Presentations and/or Proceedings

1. "Evaluation of Healing Rates and Safety using a Bio-inductive Collagen Patch for Large and Massive Rotator Cuff Tears: Two year Safety and Clinical Outcomes". Podium Presentation and **Herodicus Award winner** at: American Orthopaedic Society for Sports Medicine 2018 Annual Meeting. San Diego, CA; 7/5/2018-7/8/2018
2. "Evaluation of Healing Rates and Safety using a Bio-inductive Collagen Patch for Large and Massive Rotator Cuff Tears: Two year Safety and Clinical Outcomes". Podium Presentation at: Arthroscopic Association of North America (AANA) 2018 Annual Meeting. Chicago, IL; 4/26/2018-4/29/2018
3. "Evaluation of Healing Rates and Safety using a Bio-inductive Collagen Patch for Large and Massive Rotator Cuff Tears: Two year Safety and Clinical Outcomes". Podium Presentation and **Top Resident Paper Award Winner** at: Louisiana Orthopaedic Association 2018 Annual Meeting. New Orleans, LA; 2/2/2018-2/3/2018
4. "Operative Techniques and Clinical Outcomes of Surgical Treatment of Medial Epicondylitis: A Systematic Review". Rapid-fire presentation at: Southern Orthopaedic Association 2017 Annual Meeting. Hilton Head, SC; 6/28/2017-7/1/2017
5. "Platelet-Rich-Plasma an equal alternative to operative intervention in the Treatment of Type I Medial Epicondylitis?". Rapid-fire presentation at: Southern Orthopaedic Association 2017 Annual Meeting. Hilton Head, SC; 6/28/2017-7/1/2017
6. "Double Row Repair for Recalcitrant Medial Epicondylitis". Poster presentation at: Southern Orthopaedic Association 2017 Annual Meeting. Hilton Head, SC; 6/28/2017-7/1/2017
7. "Double Row Repair for Recalcitrant Medial Epicondylitis". Podium presentation at: Louisiana Orthopaedic Association 2017 Annual Meeting. New Orleans, LA; 2/10/2017-2/11/2017
8. "Operative Techniques and Clinical Outcomes of Surgical Treatment of Medial Epicondylitis: A Systematic Review". Poster presentation at: Louisiana Orthopaedic Association 2017 Annual Meeting. New Orleans, LA; 2/10/2017-2/11/2017

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Abstract Presentations and/or Proceedings (cont.)

9. *“Modified Anterolateral Portals in Elbow Arthroscopy: A Cadaveric Study on Safety”*. Poster Presentation at: Clinical Orthopaedic Society 2016 Annual Meeting. New Orleans, LA; 9/29/2016-10/1/2016
10. *“Systematic Review of the Anterolateral Portal: Cadaver Studies in Elbow Arthroscopy”*. Poster Presentation at: Clinical Orthopaedic Society 2016 Annual Meeting. New Orleans, LA; 9/29/2016-10/1/2016
11. *“Modified Anterolateral Portals in Elbow Arthroscopy: A Cadaveric Study on Safety”*. Podium Presentation at: Southern Orthopaedic Association 2016 Annual Meeting. Naples, FL; 7/27/2016-7/30/2016
12. *“Systematic Review of the Anterolateral Portal: Cadaver Studies in Elbow Arthroscopy”*. Poster Presentation at: Southern Orthopaedic Association 2016 Annual Meeting. Naples, FL; 7/27/2016-7/30/2016
13. *“Modified Anterolateral Portals in Elbow Arthroscopy: A Cadaveric Study on Safety”*. Podium Presentation at: Arthroscopic Association of North America 2016 Annual Meeting. Boston, MA; 4/15/2016
14. *“Modified Anterolateral Portals in Elbow Arthroscopy: A Cadaveric Study on Safety”*. Podium Presentation at: Louisiana Orthopaedic Association 2016 Annual Meeting. New Orleans, LA; 3/18/2016
15. *“Systematic Review of the Anterolateral Portal: Cadaver Studies in Elbow Arthroscopy”*. Podium Presentation at: Louisiana Orthopaedic Association 2016 Annual Meeting. New Orleans, LA; 3/18/2016

Demographics

**Born:** Denver, CO

**Professional Interests:** Shoulder and Elbow arthroscopy, Shoulder arthroplasty, Knee ligament reconstruction, Complex knee injuries, Trauma

**Personal Interests:** Skiing, Rugby, Football, Spending Time Outdoors with my Family and Dogs, Going to the Beach, Golf, Hiking, Sporting events

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